

Michael Chekhov Europe Training

Chekhov International School at Schule für Schauspiel Hamburg

International acting workshop

Psychological Gesture: The Character's Spine

6 - 10 October 2018

Hamburg, Germany

with

David Zinder, University of Tel Aviv, Israel

Olivia Rüdinger, Schule für Schauspiel Hamburg (SfSH)

Ulrich Meyer-Horsch, Michael Chekhov Europe e.V. and Altonaer Theater Hamburg

The Psychological Gesture is a physical movement that awakens the actor's inner life. It serves as a key to the essential features of the character, and enables the actor to express and embody his/her objectives.

In the workshop we will explore the natural flow of our breath and how it creates bold characters through gesture and movement. Stirring our will power, the Psychological Gesture gives the will a definite direction, awakens feelings, and gives us a condensed version of the character and his/her relationships.

- Organic Breathing • Objectives • Qualities • Archetypal Gestures • Psychological Gesture of the character • Feeling of Ease, Form, Beauty, and the Whole • Archetypes
- Relationships • Thinking, Feeling, Willing • Scene study

Module 3 of the Michael Chekhov Europe Training programme (MCET)

Preparation: Please learn a short monologue from Shakespeare's play "Twelfth Night" (in your own language or in English).

www.michaelchekhov.eu

www.michaelchekhoveurope.eu

www.sfsh.de/fortbildung

PSYCHOLOGICAL GESTURE
Michael Chekhov International Workshop
6 - 10 October 2018 in Hamburg, Germany

GENERAL INFORMATION

Date: **Saturday 6th – Wednesday 10th of October, 2018**

Working hours: 10.00h – 17.00h (incl. 75min. lunch break)

Working space: **Schule für Schauspiel Hamburg**
Oelkersallee 33, Hamburg
www.sfsh.de
Public transport:
S-Bahn: Holstenstrasse (10 min. walk)

Working language: English / Participants may act in their own language

Wednesday night (October 10th) we would like to go for a dinner together.

Costs:

€ 420,-- (application before September 5th 2018)

€ 450,-- (application after September 5th 2018)

Participants from non-EU countries may apply for a grant/discount (only limited number).

Housing and food are not included.

We are happy to help you finding inexpensive accommodation (see below).

CONTACT

Michael Chekhov Europe Training

Ulrich Meyer-Horsch, Arnoldstrasse 77, 22763 Hamburg, Germany

umeyerhorsch@gmx.de

+49 177 3165375

www.michaelchekhov.eu // www.michaelchekhoveurope.eu

Facebook: *Michael Chekhov Europe Training* and *Michael Chekhov Europe Friends*

Schule für Schauspiel Hamburg

Oelkersallee 29a and 33, 22769 Hamburg, Germany

info@sfsh.de

+49 40 4302050

www.sfsh.de

Facebook: *Schule für Schauspiel Hamburg*

FACULTY

David Zinder

Director, Author, Prof. emeritus of Tel Aviv University Department of Theatre Arts

David Zinder is a freelance international director and master teacher with over three decades of experience in actor training and directing.

A founding member of Michael Chekhov Association (MICHA), Prof. Zinder has taught and directed extensively in the US, Europe, India and the Far East. The many years he spent training actors culminated in the development of his *ImageWork Training* for actors, which has been published in book form as: *Body-Voice-Imagination: A Training for the Actor*. A second edition was published in 2010 with additional material and a new subtitle: *ImageWork Training and the Chekhov Technique*.

Since 2002 he has been directing regularly in Romania where he produced highly acclaimed productions of *The Dybbuk*, *The Bacchae*, a Stoppard double-bill: *After Magritte & The Real Inspector Hound*, *Macbeth*, *Peer Gynt* and *Six Characters in Search of an Author*.

Olivia Rüdinger

Acting coach, Artistic director of Schule für Schauspiel Hamburg

Olivia Rüdinger, US-Citizen, has been a highly recognized acting coach in Germany for more than thirty years.

She received her bachelors degree in speech and dramatics from the University of Minnesota. Later, she studied modern dance and dance pedagogy at the Lola Rogge School in Hamburg and became a member of the faculty, teaching modern dance and improvisation. For the next 8 years she studied Reichian breathing technique and body work.

During this time she directed and performed in the dance theatre company „Winter auf Mallorca“.

1987 she founded together with her partner Michaela Uhlig the drama school „Schule für Schauspiel Hamburg“. There she is the artistic director and teaches breathing, improvisation and organic movement.

Ulrich Meyer-Horsch

Actor and Theatre director. Michael Chekhov Europe e.V.

Ulrich Meyer-Horsch has been acting and directing in German state and regional theatres for twenty-five years: Theater Kiel, Theater Lübeck, Deutsches Schauspielhaus Hamburg, Schauspiel Frankfurt, Kampnagel Hamburg, Altonaer Theater, Komödie Düsseldorf, and Maxim Gorki Theater Berlin, among others. He has worked with Simon McBurney and Complicite, Augusto Boal and Yoshi Oida. As an award winning director he is known for his playful productions of the works of Bertolt Brecht and Anton Chekhov. Until 2015 he was the associate artistic director of Kreuzgangspiele Feuchtwangen, one of Germany's biggest summer theatres.

Ulrich Meyer-Horsch received his artistic education at Schule für Schauspiel Hamburg and holds university diplomas in Theatre Pedagogy, Theology and Philosophy. He studied with Michael Chekhov's former students Hurt Hatfield, Deidre Hurst du Prey, Mala Powers and Joanna Merlin as well as with master teachers from Germany and Russia. In his approach to the Chekhov Technique he incorporates the exploration of children's games and work with masks. Since 1994 he has been teaching throughout Europe, Russia, the Middle East, Brazil, the US, Japan and Taiwan. He is a guest lecturer at Yeditepe University, Istanbul, Turkey, and a member of the international faculty of the Michael Chekhov Association (MICHA), New York. A founding member of Michael Chekhov Europe e.V., he has co-created MCE's educational curriculum which is taught in 15 countries in Europe and Asia.

HOW TO GET TO HAMBURG

By train:

There are good train connections from most European cities.

By plane: Hamburg Airport (Fuhlsbüttel):

www.hamburg-airport.de

From the airport you take the S-Bahn to get to Hauptbahnhof (main station), Holstenstrasse or Bahnhof Altona.

Other Airports: Bremen: www.airport-bremen.de; and Hannover: www.hannover-airport.de.

How to get to Schule für Schauspiel

From the airport or from Hauptbahnhof (main station) you take the S-Bahn to Holstenstrasse (S11, S21, S31). From there it is a 10 min. walk to Oelkersallee 29a and 33.

Check city map on: www.sfsh.de/schule/anfahrt

THE CITY

www.hamburg-tourism.de

www.hamburg.de

www.hafen-hamburg.de

ACCOMODATION

Hostel:

www.schanzenstern.de

www.instantsleep.de

www.meininger-hotels.com/en/hotels/hamburg

www.hostels.com/hamburg

Hotel:

www.hamburg-tourism.de

www.hamburg.de

www.Hotelreservierung.de/Hamburg

Also have a look at:

www.airbnb.de

www.booking.com

Please feel free to ask if you need further help to find accommodation.

There are many cafes, restaurants and shops in the area. You can pay in Euro, credit card and V-pay (maestro/girocard). Smaller places will accept only cash.

HOW TO APPLY

Please fill in the application form (see last page) and send it to:

Michael Chekhov Europe Training
Ulrich Meyer-Horsch
Arnoldstrasse 77
22763 Hamburg, Germany
or email it as a signed PDF to: umeyerhorsch@gmx.de

Please make your payment to:

Michael Chekhov Europe e.V.
(Address: Eisenbahnstrasse 21, D-10997 Berlin)
Bank: **Landesbank Berlin - Berliner Sparkasse**
IBAN: DE70100500000190265264
BIC: BELADEBEXX
mentioning '**Workshop Hamburg October 2018**'

Applications will be registered once the application form has been returned and the workshop fee is paid. Your place will be confirmed by email as soon as possible thereafter. Your application is definite and irrevocable. The fee is non-refundable, unless someone else fills your place (for example from the waiting list). In that case there will be an administrative charge of € 50,--.

Ca. 10 days before the workshop you will be sent further details concerning practical matters. You will be given a receipt of your payment upon arrival.

The organizers are not liable for any claims regarding loss or theft of valuables, or in cases of accidents, injuries, harm or illness during the workshop or on the way to or from the working space.

All details are subject to change.

APPLICATION FORM
PSYCHOLOGICAL GESTURE
Michael Chekhov International Workshop October 2018

Name: Age:

Address:

.....

City: Postal code:

Country:

Phone: Fax:

E-mail:

Education / artistic experience:

.....

.....

Experience in the Michael Chekhov Technique:

.....

.....

I wish to register for the

**Michael Chekhov International Workshop:
PSYCHOLOGICAL GESTURE
6–10 October 2018 in Hamburg, Germany**

I shall pay **€ 420,--** (application before September 5th) / **€ 450,--** (application after September 5th)
to the following account:

Michael Chekhov Europe e.V., Eisenbahnstrasse 21, D-10997 Berlin

Bank: Landesbank Berlin - Berliner Sparkasse

Account number: IBAN: DE70100500000190265264 / BIC: BELADEVB33XXX

Mentioning 'Workshop Hamburg October 2018'

I know that the organizers are not liable for any claims regarding loss or theft of valuables, or in cases of accidents, injuries, harm or illness during the workshop or on the way to or from the working space. I accept that I have to take care of my own insurances, because the organizers will not insure participants.

I wish to receive accommodation assistance. I do not need accommodation assistance.
(please tick!)

Date: Signature:

*Please send this form to: Ulrich Meyer-Horsch, Arnoldstrasse 77, 22763 Hamburg, Germany
or mail it as a signed PDF to umeyerhorsch@gmx.de*